



# What TRIP does in West Hill

Ring & Ride – This is a door-to-door easy access and wheelchair friendly minibus service that makes regular trips throughout our area to pick up isolated people of all ages, people with mobility issues and older people, from their homes and either takes them to the shops, for longer trips to regional towns or for day trips out during the week and at the weekends.

Regular service for West Hill includes Thursday's Trips Out

TRIP Wheels – Wheelchair friendly and easy access transport. Taking less mobile people to medical and social appointments whenever they need to go.

TRIP Cars – Transport to medical appointments through our network of volunteer drivers. To local medical providers, Exeter or further afield. Servicing GP Surgeries, Hospitals, Dentists, Opticians, Chiropodists & many other medical appointments.

TRIP Information – Impartial information and advice on transport and other issues, plus signposting to other providers.

TRIP Mobility – New and used mobility equipment for sale or hire. Servicing and repairs, batteries & tires.

TRIP Equipment – A comprehensive range of equipment and daily living aids, designed to make life easier. Lots of items in stock, plus we will order in for you.

TRIP is proud to introduce 'Winter Friendship Group' – A new pilot program aimed at helping people who are often isolated, especially during the winter. Targeted at all ages, this program aims to reduce isolation by providing weekend day trips, some with a hot meal included.

Planned dates: 12<sup>th</sup>, 15<sup>th</sup> and 26<sup>th</sup> of January – 9<sup>th</sup>, 12<sup>th</sup> & 23<sup>rd</sup> of February – 11<sup>th</sup> & 22<sup>nd</sup> of March

For more information please contact TRIP using the information below

[www.tripcta.org](http://www.tripcta.org)

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**TRIP - Connecting our communities**